

5 SIMPLE WAYS TO USE ESSENTIAL OILS (EOs) WITH YOUR DOG

Sniff'n Go

Useful for: training reactive dogs, Increase focus, adoption events, vet visits

Place 1 drop EO on your hand and rub your hands together. Open your hands 12-18 inches away from your dogs nose and allow them to sniff. Rub your hands along your legs or pants for scent to linger.

Inhaler

Useful for: vet visits, nausea, vomiting, thunderstorms, fireworks

Clean an empty 5 ml or 15 ml EO bottle. Remove the cap and pop out the insert. Add 2-4 drops EOs to a small cotton ball and insert cotton into the empty bottle. Replace insert and cap. Remove the cap and offer it to your dog as needed.

Car Diffuser

Useful for: travel anxiety, car sickness, anxiety, rescue transports

Place 1-2 drops EO on a cotton ball and put it in a zip locking baggie. Open baggie for scent to lightly fill the car. Zip up the baggie until needed again.

Sniff'n Pet

Useful for: general anxiety, hyperactivity, thunderstorms, fireworks, pain

Place 1 drop EO on your hand and rub your hands together. Open your hands 12-18 inches away from your dog and allow him to sniff. Slide your hands along their back then rub their ears.

Simple Diffuser

Useful for: general anxiety, pain, hyperactivity, restlessness

Place 1-2 drops EO on a washcloth (or scrap fabric) and lay it in a place where the scent can diffuse into the area- such as over the back of a kitchen chair, sofa arm, or end of your bed. DO NOT place directly next to them. Use and reapply EOs as needed.